

## **KEC Members Present: Food for Thought about Protecting Our Drinking Water**

Some bottled-water facts . . .

### **1. Bottled water is not safer than tap water.**

Plastic bottles leach harmful chemicals into bottled water that may cause cancer, birth defects, and developmental problems in children and babies.

### **2. Bottled water is not healthier than tap water.**

Unlike tap water, bottled water safety is not monitored by the federal government, so you cannot be sure if it is safe. The federal government requires far more rigorous and frequent safety testing of municipal drinking water than bottled water.

### **3. Bottled water is trashing the environment.**

After millions of barrels of oil are used to produce and ship plastic water bottles, nearly 90 percent of them land in the garbage instead of the recycle bin. These bottles will sit in landfills for centuries, their chemicals seeping into the environment.

### **4. Bottled water is draining our resources.**

Water companies are emptying the nation's aquifers and underground water sources for their own profit. America's water belongs to each of us.

### **5. Bottled water is much more expensive.**

At \$2 for a 20-ounce container, bottled water costs thousands of times more than tap water. Americans spent almost \$12 billion on bottled water in 2007, mostly because they think it is safer or better than tap water. It's not.

Source: [food&waterwatch](#)

For a related video, click [here](#).